



WISDOM CATERING MENU

JALAPENO CORN BREAD

buttery & moist with the perfect amount
of a peppery kick to it
(SERVES 12)

VEGAN LASAGNA

savory lasagna made with mushrooms,
soy-free ground beef, & vegan
mozzarella
(SERVES 10)

VEGGIE SHISH KEBAB

deliciously prepared veggie skewers
(SERVES 10)

BBQ PULLED PLATTER

a perfectly slow-cooked, broiled, &
simmered mix of jackfruit, mushrooms,
and BBQ sauce
(SERVES 10)

SPICY CHICK'N SLIDERS

delicious mini sandwiches filled with
home-made seitan, lettuce, tomatoes, &
our home-made spicy mayo
(SERVES 10)

QUINOA VEGGIE WRAPS

mini, yet full of flavor, wraps filled with
quinoa, lettuce, sun-dried tomatoes,
cucumbers, carrots, & our home-made
creamy pesto sauce
(SERVES 10)

CRISPY CHICK'N WRAPS

deliciously flavored mini wraps filled with
home-made seitan, lettuce, tomatoes,
cucumbers, carrots, & vegan ranch
(SERVES 10)



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BUFFALO BITES

cauliflower tossed in flour and spices,
deep fried in coconut oil to perfection
and covered in buffalo sauce

(SERVES 10)

BBQ BITES

mouth-watering cauliflower tossed in
flour and spices, deep fried in coconut
oil and covered in BBQ
sauce

(SERVES 10)

LEMON PEPPER BITES

deliciously tangy battered cauliflower
bites, deep fried in coconut oil and
tossed in our special lemon pepper
seasoning

(SERVES 10)

VEGAN FRIED CHICKEN

homemade vegan chicken (soy free),
battered and fried to perfection

(SERVES 10)

VEGAN BBQ RIBS

our vegan spin on BBQ ribs made from
homemade eitan & our special vegan
BBQ sauce

(SERVES 10)

TUNA-LESS SANDWICHES

raw vegan tuna salad full of protein &
flavorful

(SERVES 10)

HAITIAN MAC & CHEESE

vegan cheese sautéed in a delicious
sweet pepper mix and vegan ground beef

(SERVES 10)

POTATO SALAD

finger-licking potato salad made with
our special ingredients

(SERVES 10)

COLLARD/KALE GREENS

greens full of incredible flavors

(SERVES 10)

SWEET POTATO HASH

sweet potatoes sautéed with onions, kale,
& our special seasoning

(SERVES 8)

VEGAN PAELLA

mouth-watering yellow rice loaded with
bell peppers and other delicious spices

(SERVES 10)

TERIYAKI QUINOA

delicious quinoa sautéed with veggies &
teriyaki sauce

(SERVES 10)

SOUTHWEST QUINOA

loaded & flavorful southwest quinoa with
delicious lime dressing

(SERVES 10)